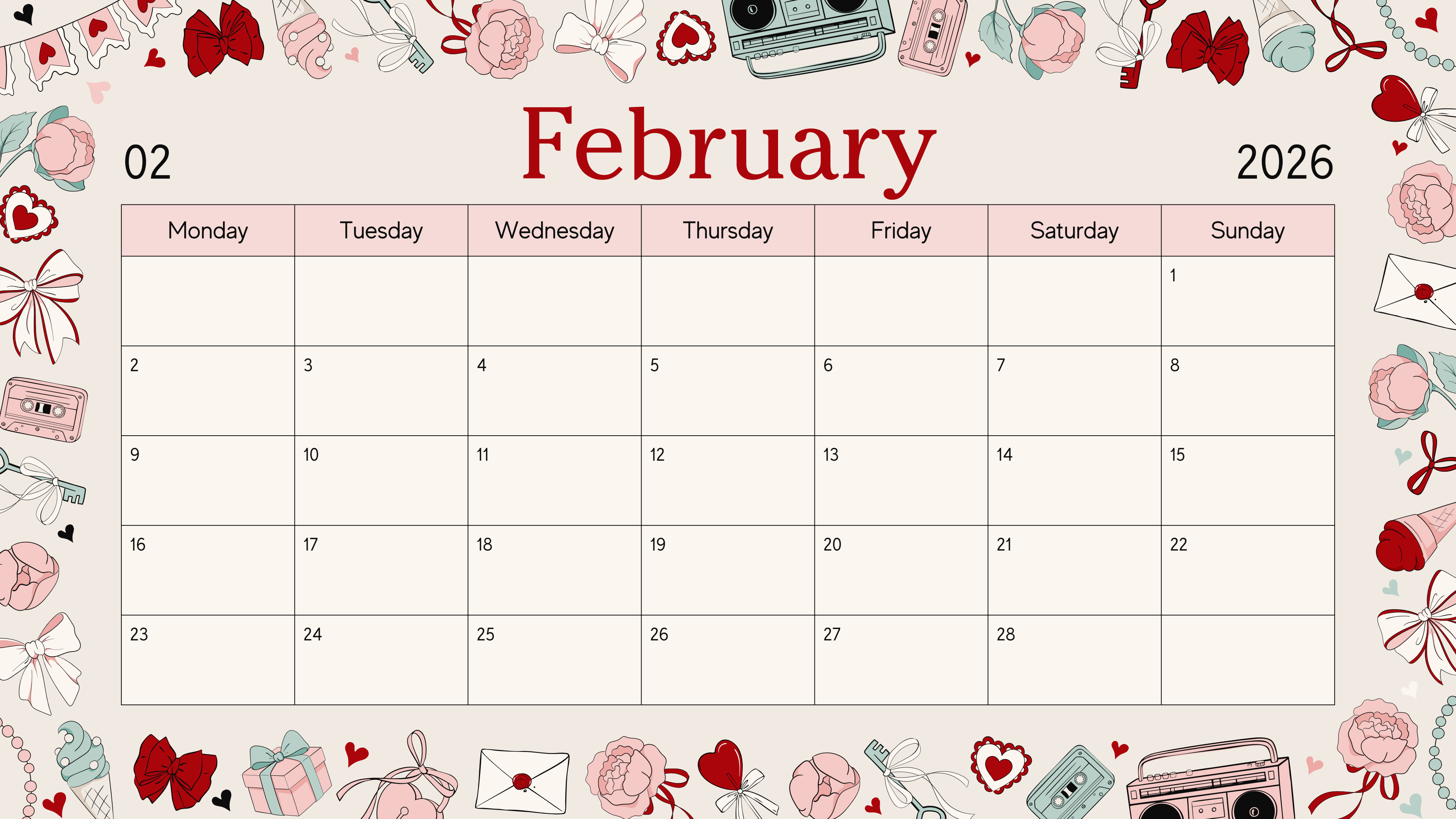


# February

Virtual Excise Program  
Warren County Department of Aging & Disabilities Services  
to register please call 908-475-6591

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Virtual Chair Yoga for Joint Health 11am	3 Meditation 11am	4 Chair Yoga 9:30am	5	6 Forever Young Yoga 9:30am	7
8	9 Virtual Chair Yoga for Joint Health 11am	10 Meditation 11am	11 Chair Yoga 9:30am	12	13 Forever Young Yoga 9:30am	14
15	16 Virtual Chair Yoga for Joint Health 11am 	17 Meditation 11am	18 Chair Yoga 9:30am	19	20 Forever Young Yoga 9:30am	21
22	23 Virtual Chair Yoga for Joint Health 11am	24 Meditation 11am	25 Chair Yoga 9:30am	26	27 Forever Young Yoga 9:30am	28



02

# February

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	